

835 GARFIELD AVE.,
TRAVERSE CITY, MI



(231) 941-5221
EDSONFARMS.COM

SANDWICHES & WRAPS

MAKE IT GLUTEN-FREE + \$1.00

CHERRY CHICKEN WRAP | 7.99

lettuce, tomato, onion, sprouts, cucumber

THE ISLAND WRAP | 7.99

chicken breast, black bean, salsa, avocado, pineapple, mango, gr. pepper, lettuce, tomato, onion

CHICKEN BREAST WRAP | 7.99

feta, black olive, cucumber, lettuce, tomato, onion, sundried tomato dressing

CALIFORNIA TURKEY SANDWICH | 8.99

turkey, bacon, avocado, cucumber, tomato, onion, sprouts, lettuce, cheddar, mayo - on ciabatta

THE JESSICA SANDWICH | 8.99

turkey, house slaw, swiss cheese, house made thousand island dressing - toasted

PORTABELLA SANDWICH (vegan option) | 8.99

grilled portabella, feta, pickled onion, pesto, roasted red pepper, baby greens, balsamic dressing

CURRY CHICKEN WRAP | 8.99

sprouts, tomato, lettuce

1/2 SANDWICH + SOUP CUP | 7.99

cherry chicken, tuna, turkey - on bread - cup soup or chili

EDSON'S CUBAN SANDWICH | 8.99

ham, uncured pepperoni, swiss + provolone, sauerkraut, pickled onion, dijon + mayo - toasted on a ciabatta roll

TUNA SANDWICH | 7.99

lettuce, tomato, onion, sprouts, pickle

SOUTHERN WRAP (vegan option) | 6.99

black bean spread, basmati rice, cheddar, gr. pepper, lettuce, tomato, onion, salsa

DEEP SOUTHERN WRAP (vegan option) | 7.99

the southern + cajun chicken or cajun tofu

VERY VEGGIE WRAP (vegan option) | 6.99

hummus, cucumber, gr. pepper, onion, tomato, zucchini, sprouts, lettuce, spinach, feta, vidalia dressing

HILARY'S VEGGIE BURGER (vegan option) | 6.99

lettuce, tomato, onion, sprouts, provolone, goddess dressing

FALAFEL WRAP | 7.99

sweet potato falafel, quinoa tabouli, baba ganoush, sprouts, leaf lettuce - house cucumber mint sauce

BREAKFAST

BAGEL & CREAM CHEESE | 3.00

organic (onion poppyseed) bagel, organic cream cheese

BREAKFAST BURRITO | 6.00

2 eggs, potato, sausage, salsa, pepperjack & cheddar cheese

FIESTA BURRITO | 6.00

2 eggs, potato, black bean dip, avocado, salsa, pepperjack & cheddar cheese

MEDITERRANEAN BURRITO | 6.00

2 eggs, potato, parmesan, spinach, greek dressing, tomato

CALIFORNIA BREAKFAST BURRITO | 6.00

2 eggs, potato, bacon, avocado, ranch dressing, cheddar cheese

BREAKFAST BAGEL | 6.00

onion poppyseed bagel, egg, ham, muenster cheese

SALADS

GREEK SALAD | 7.99

romaine, beets, kalamata olives, red onion, artichoke, cucumber, feta, tomato, house greek dressing
With Chicken | 9.99

CAESAR SALAD | 9.99

romaine, red onion, crouton, parmesan- local chicken

COBB SALAD | 8.99

lettuce, local egg, avocado, chicken, bacon, tomato, blue cheese, red onion, ranch dressing

GARDEN SALAD | 6.99

baby greens, cucumber, tomato, onion, green pepper, zucchini, sprouts, balsamic dressing

SOUPS

SOUP OF THE DAY

VEGGIE CHILI SERVED DAILY

Cup \$3.25 | Bowl \$4.75

SMOOTHIES

NO ICE +1.00

12oz. \$5.25 | 16oz. \$5.50 | 20oz. \$6.00

TUTTI FRUTTI

strawberry, banana, pineapple, honey, kefir, orange juice

PEACHY-KEEN

peach, mango, ginger, orange juice

TROPICAL SUNSET

pineapple, mango, banana, carrot, coconut, orange juice

MANGO MADNESS

mango, banana, honey, kefir, orange juice

BLUEBERRY FIELDS

blueberry, banana, pineapple, honey, milk, orange juice

12oz. \$6.00 | 16oz. \$6.50 | 20oz. \$7.25

ENERGIZER

strawberry, mango, ginseng, bee pollen, honey, kefir, orange juice

MUCHO MATCHA

pineapple, banana, matcha, lime, coconut mana, coconut milk

HAIL TO KALE

kale, banana, apple, pineapple, chia powder, coconut water

BIKRAM RECHARGE

banana, mango, coconut mana, electrolyte powder, coconut water

COLD STOPPER

banana, blueberry, apple, lemon, ginger, honey, echinacea, coconut water

MOJITO

cucumber, pineapple, apple, lime, mint, coconut water

SPRING BREAK

mango, peach, banana, coconut mana, orange juice

ORGANIC PROTEIN SHAKE

raw protein, banana, blueberry, peanut butter, coconut milk

EMERALD GODDESS

spinach, lettuce, parsley, celery, pineapple, orange juice

JUICE BAR

ADD A WHEAT GRASS SHOT: 1oz. \$4.00 | 2oz. \$6.00

CARROT PLUS ONE

12oz. 5.50 | 16oz. 6.00 | 20oz. 6.75
ADD celery, orange juice, apple or beet.

V-7

12oz. 8.00 | 16oz. 8.50 | 20oz. 9.25
tomato, green pepper, spinach, parsley, cucumber, celery, carrot, sea salt

GREEN HOUSE

12oz. 7.00 | 16oz. 7.50 | 20oz. 8.25
cucumber, spinach, sprouts, celery, carrot

UN-BEET-ABLE

12oz. 6.00 | 16oz. 6.50 | 20oz. 7.25
beet, celery, orange juice, carrot

SUPER GREEN

12oz. 8.00 | 16oz. 8.50 | 20oz. 9.25
cucumber, zucchini, spinach, sprouts, celery, parsley

ANTIOXIDANT

12oz. 7.00 | 16oz. 7.50 | 20oz. 8.25
beet, kale, spinach, celery, carrot

DETOX BLAST

12oz. 6.00 | 16oz. 6.50 | 20oz. 7.25
beet, cabbage, celery, carrot

REJUVENATE

12oz. 8.00 | 16oz. 8.50 | 20oz. 9.25
apple, zucchini, fennel, celery, spinach, parsley, lemon

MEGAN

12oz. 8.00 | 16oz. 8.50 | 20oz. 9.25
cucumber, apple, lime, spinach, sprouts, celery

GRANNY'S ELIXIR

12oz. 6.00 | 16oz. 6.50 | 20oz. 7.25
green apple, carrot, lime, ginger

COFFEE & ESPRESSO

COFFEE & ICED COFFEE

8oz. \$1.75 | 12oz. \$2.00 | 16oz. \$2.25

MATCHA LATTE

8oz. \$4.00 | 12oz. \$4.50 | 16oz. \$5.00

FLAVORING

8oz. \$.50 | 12oz. \$.50 | 16oz. \$.50

ESPRESSO SHOT

8oz. \$1.25 | 12oz. \$1.75

MOCHA

8oz. \$3.00 | 12oz. \$3.50 | 16oz. \$4.00

HOT CHOCOLATE

8oz. \$2.25 | 12oz. \$2.75 | 16oz. \$3.50

CAPPUCCINO

8oz. \$3.00 | 12oz. \$3.50 | 16oz. \$4.00

MACCHIATO

8oz. \$2.25 | 12oz. \$2.50 | 16oz. \$2.75

PUKKA ORGANIC TEAS

16oz. \$2.50

LATTE

8oz. \$3.00 | 12oz. \$3.50 | 16oz. \$4.00

AMERICANO

8oz. \$2.00 | 12oz. \$2.25 | 16oz. \$2.50

CHAI TEA

8oz. \$2.00 | 12oz. \$2.25 | 16oz. \$2.50

CAFE LATTE

8oz. \$2.25 | 12oz. \$2.50 | 16oz. \$2.75

SHOT IN THE DARK

8oz. \$2.25 | 12oz. \$2.50 | 16oz. \$2.75

BULLET PROOF COFFEE

8oz. \$2.50 | 12oz. \$3.00 | 16oz. \$3.25

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